

Perseverance Trail Run  
10k Mountain Run/Trek

Cumberland October 31st, 2010

Place	Name	Div	Div/To	10k	Pace
1	Miguel Laroche	M20-39	1/30	50:44	8:10
2	James Rolfe	M20-39	2/30	54:34	8:47
3	James Powsey	M40-59	1/32	54:42	8:49
4	Vince Brotherston	M40-59	2/32	54:59	8:51
5	James Gardner	M40-59	3/32	55:09	8:53
6	Robin Richardson	M20-39	3/30	55:21	8:55
7	Rob Fontaine	M40-59	4/32	55:28	8:56
8	Haven Ullstrom	M>19	1/4	55:48	8:59
9	Keith Wakelin	M40-59	5/32	57:30	9:16
10	Carl Tessmann	M20-39	4/30	57:39	9:17
11	Steve Spiers	M40-59	6/32	57:46	9:18
12	Dirk Degoede	M40-59	7/32	58:01	9:21
13	Michael Ravensberge	M>19	2/4	58:26	9:25
14	Brad Crowe	M20-39	5/30	58:52	9:29
15	Judd Levris	M20-39	6/30	59:14	9:32
16	Kevin Wakelin	M20-39	7/30	59:49	9:38
17	Nathan Collis	M20-39	8/30	59:54	9:39
18	James Warren	M20-39	9/30	1:00:32	9:45
19	Kevin Park	M20-39	10/30	1:00:40	9:46
20	Ross Whelan	M20-39	11/30	1:01:06	9:50
21	Kevin Frisch	M20-39	12/30	1:02:18	10:02
22	Chris Windelaar	M40-59	8/32	1:02:24	10:03
23	Phil Schum	M20-39	13/30	1:02:44	10:06
24	Brian Scott	M20-39	14/30	1:02:45	10:06
25	Duncan Stewart	M40-59	9/32	1:03:06	10:10
26	Tom Webber	M40-59	10/32	1:03:22	10:12
27	David Frisch	M20-39	15/30	1:03:35	10:14
28	Kathy Lynn Rung	F20-39	1/43	1:03:36	10:14
29	Mary Bridges	F20-39	2/43	1:04:11	10:20
30	Michel Dumont	M40-59	11/32	1:04:28	10:23
31	Peter Croonen	M20-39	16/30	1:05:41	10:35
32	Peter Ravensbergen	M40-59	12/32	1:06:00	10:38
33	Keith Mewis	M20-39	17/30	1:06:03	10:38
34	Simon Timmer	M60+	1/3	1:06:34	10:43
35	John Ingram	M60+	2/3	1:06:42	10:44
36	Genevieve Burdett	F20-39	3/43	1:07:05	10:48
37	Brad Holmes	M40-59	13/32	1:07:06	10:48
38	Chris Lamothe	M20-39	18/30	1:07:07	10:48
39	Stephanie Renwick	F20-39	4/43	1:07:09	10:49
40	Jack Campbell	M40-59	14/32	1:07:43	10:54
41	Dustin Kufflick	M20-39	19/30	1:08:50	11:05
42	Neil Caldwell	M40-59	15/32	1:09:02	11:07
43	Jamie Kantor	M40-59	16/32	1:09:09	11:08
44	Alex Kennedy	M40-59	17/32	1:09:12	11:09
45	Chris Perry	M40-59	18/32	1:09:21	11:10
46	Tom Skinner	M20-39	20/30	1:10:29	11:21
47	Ken Wright	M40-59	19/32	1:10:42	11:23
48	Richard Cronk	M40-59	20/32	1:10:42	11:23
49	Greg Kingston	M40-59	21/32	1:10:43	11:23
50	Tim Fairbank	M40-59	22/32	1:10:52	11:25

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Place	Name	Div	Div/To	10k	Pace
51	Tracy Barr	F20-39	5/43	1:11:10	11:28
52	Derrick Nelson	M20-39	21/30	1:12:19	11:39
53	Ariel Becherer	F>19	1/2	1:13:02	11:46
54	Garry Renkema	M40-59	23/32	1:13:19	11:48
55	Kirsten Ellingson	F20-39	6/43	1:13:35	11:51
56	Heather Beatty	F40-59	1/34	1:14:31	12:00
57	Joanna Carson	F20-39	7/43	1:14:32	12:00
58	Lisa Perry	F20-39	8/43	1:15:29	12:09
59	Steve Blacklock	M20-39	22/30	1:15:50	12:13
60	Anna Russell	F20-39	9/43	1:15:58	12:14
61	Jason Steven	M20-39	23/30	1:16:10	12:16
62	Aaron Duguay	M20-39	24/30	1:16:44	12:21
63	Shayne Stuchbery	M20-39	25/30	1:17:05	12:25
64	Derek Benchley	M40-59	24/32	1:17:07	12:25
65	Michael Bonnor	M40-59	25/32	1:17:29	12:29
66	Korky Richardson	F40-59	2/34	1:17:33	12:29
67	Sarah Burrell	F20-39	10/43	1:17:50	12:32
68	Brenda Dawn Spence	F40-59	3/34	1:18:31	12:39
69	Shelley Couch	F40-59	4/34	1:18:38	12:40
70	Jane Johnson	F40-59	5/34	1:18:38	12:40
71	Janet Dianne Oxler	F40-59	6/34	1:18:41	12:40
72	Leah Marie Johnson	F40-59	7/34	1:18:41	12:40
73	Cathy Clark	F40-59	8/34	1:18:50	12:42
74	Matt Barcaly	M>19	3/4	1:19:20	12:46
75	Erik Wright	M>19	4/4	1:19:20	12:46
76	Linda Jeanette Tayl	F40-59	9/34	1:19:29	12:48
77	Sandra Gerrard	F20-39	11/43	1:19:44	12:50
78	David Kenny	M40-59	26/32	1:19:56	12:52
79	Mary Ann Rolfe	F40-59	10/34	1:20:11	12:55
80	Joanna Williams	F>19	2/2	1:20:41	12:59
81	Jesicca Lyons	F20-39	12/43	1:20:49	13:01
82	Sarah Hauser	F20-39	13/43	1:20:51	13:01
83	Natalie Nobert	F40-59	11/34	1:20:54	13:02
84	Marilyn Atkinson	F40-59	12/34	1:20:54	13:02
85	Tree Murdock	F20-39	14/43	1:21:00	13:03
86	Gail Martindale	F40-59	13/34	1:21:05	13:03
87	Amy Wells	F20-39	15/43	1:21:20	13:06
88	Laura Morrissey	F20-39	16/43	1:21:20	13:06
89	Lisa Manzoni	F20-39	17/43	1:21:20	13:06
90	Sabine Hippchen	F20-39	18/43	1:22:14	13:15
91	Karsha Dunn	F20-39	19/43	1:22:23	13:16
92	Cindy Leech	F40-59	14/34	1:22:58	13:22
93	Lee Williams	F40-59	15/34	1:23:07	13:23
94	Julie Kenny	F40-59	16/34	1:23:48	13:30
95	Sarah Wright	F20-39	20/43	1:23:57	13:31
96	Michael Clarke	M40-59	27/32	1:24:22	13:35
97	Lynn Fox	M60+	3/3	1:24:54	13:40
98	Braden Jon Elke	M20-39	26/30	1:24:57	13:41
99	Shea Wilson	F40-59	17/34	1:25:00	13:41
100	Karen Simon	F20-39	21/43	1:25:09	13:43

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101	Barb Propp	F40-59	18/34	1:25:49	13:49
102	Neil Allison	M20-39	27/30	1:26:12	13:53
103	Katharine Nicholson	F20-39	22/43	1:26:35	13:56
104	Donna Binns	F40-59	19/34	1:27:15	14:03
105	Glen Christensen	M40-59	28/32	1:27:17	14:03
106	Arlene Halwa	F40-59	20/34	1:27:17	14:03
107	Veronique Turpin	F20-39	23/43	1:27:21	14:04
108	Kimberly Martin	F20-39	24/43	1:27:27	14:05
109	Jason Waters	M20-39	28/30	1:27:30	14:05
110	Blayne Prowse	M20-39	29/30	1:27:57	14:10
111	Paula Bazett	F20-39	25/43	1:28:42	14:17
112	Merek Tomanek	M40-59	29/32	1:29:07	14:21
113	Heather Roberts	F20-39	26/43	1:29:08	14:21
114	Kim Thomas	F20-39	27/43	1:29:09	14:21
115	Rhonda Donkersley	F40-59	21/34	1:29:25	14:24
116	Carla Anne Valentin	F20-39	28/43	1:29:30	14:25
117	Bobby Boyd	M20-39	30/30	1:29:30	14:25
118	Shelly Croonen	F20-39	29/43	1:29:38	14:26
119	Patricia Louaine Pr	F40-59	22/34	1:29:51	14:28
120	Susan Pohto	F20-39	30/43	1:29:55	14:29
121	Alex Teare	F40-59	23/34	1:30:16	14:32
122	Vicky Sawchuk	F20-39	31/43	1:30:30	14:34
123	Shannon Marin	F20-39	32/43	1:31:31	14:44
124	Dave Bacharach	M40-59	30/32	1:31:31	14:44
125	Melinda Clarke	F20-39	33/43	1:32:03	14:49
126	Linda Rumley	F60+	1/1	1:32:14	14:51
127	Crystal Begley	F20-39	34/43	1:33:29	15:03
128	Christine Rivers	F40-59	24/34	1:33:40	15:05
129	Cheryl Adebar	F40-59	25/34	1:33:43	15:05
130	Bethany Mckenzie	F40-59	26/34	1:33:52	15:07
131	Midge Smith	F40-59	27/34	1:34:07	15:09
132	Barry Roscoe	M40-59	31/32	1:34:57	15:17
133	Jamie Covey	F40-59	28/34	1:34:58	15:17
134	Janie Gagnon	F20-39	35/43	1:35:03	15:18
135	Tassa Medinski	F20-39	36/43	1:35:07	15:19
136	Ann McDonald	F40-59	29/34	1:35:12	15:20
137	David Beatty	M40-59	32/32	1:35:47	15:25
138	Judy Richardson	F40-59	30/34	1:35:50	15:26
139	Eva Harding	F20-39	37/43	1:36:31	15:32
140	Sarah Vallintine	F20-39	38/43	1:37:38	15:43
141	Jelke Hoekstra	F40-59	31/34	1:38:47	15:54
142	Lindy Oddleifson	F40-59	32/34	1:41:36	16:22
143	Janice Ringstead	F40-59	33/34	1:44:24	16:48
144	Lisa Rickard	F20-39	39/43	1:46:02	17:04
145	Kate Dickerson	F20-39	40/43	1:48:45	17:31
146	Andrea Stuchbery	F20-39	41/43	1:48:46	17:31

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147 Aimee Gallant F20-39 42/43 1:53:42 18:18  
148 Keiko Mori F20-39 43/43 1:56:29 18:45  
149 Vicky Williams F40-59 34/34 2:01:20 19:32